Resume For BETH NOVIAN HUGHES

Rome, Georgia 30161 Cell 706 331 4631 beth_novian_hughes@yahoo.com Georgia State T-4 Teaching Certificate (T-5 eligible) Registered Yoga Teacher eRYT500

Education: Maryland University of Integrative Health, Laurel, Maryland

MS, Yoga Therapy/PYT, 2013 - 2015

The George Washington University, Washington D.C.

MA, Education and Human Development

GPA: 4.0/4.0 - May 2009 - Summa Cum Laude

Berry College, Mount Berry, Georgia

Bachelor of Science, Early Childhood Education GPA: 3.8/4.0, May 4, 2002 Magna Cum Laude

Catonsville Community College, Catonsville, Maryland

Associate of Arts, Data Processing Technology

GPA: 3.5/4.0, May 1981 Cum Laude

Additional Education

Thai Yoga Therapy Pranakriya Yoga Atlanta, Georgia, completed by 2014. **RYT 500 Asheville Yoga Center,** Asheville, NC completed November 2012

RYT 200 Atlanta Yoga, Atlanta and Rome, completed November 2008

Anusara Yoga at Atlanta Yoga, Atlanta, Georgia Workshops Level 1 & 2 training

with Gina Minyard in 2008

Radiant Child Yoga, Decatur, Georgia Levels 1 & 2 training with Shakta Kaur

Khalsa in 2008

Storytime Yoga Training, Boulder, CO in 2009 With Sydney Solis, Member

League of Yogic Storytellers

Ranjani Cobo Intensives, Atlanta and Rome, Georgia Ashtanga Yoga in July 2006

and October 2007

Brain Gym®, various locations in the United States Licensed Brain Gym®

Instructor 250 hours of training required 2006-2008

Healing Sounds Intensive, Loveland, Colorado in 2008 With Jonathan Goldman,

Member Sound Healers Association

Kennesaw State University, Kennesaw, Georgia Continuing Education Courses in

Dreamweaver, A+ Basic, A+ Intermediate, and A+ Advanced 2005

Work Experience:

Healing Arts Center of Rome, Rome, Georgia, September 2012 – Present, Owner/operator

Teach yoga classes and handle all business aspects www.hacrome.com

Yoga 4 Rome, Rome, Georgia, August 2010 – Present, Lead Yoga Teacher and Member

Board of Directors Teach classes and handle all business aspect of this 501C3

Beth Novian Hughes LLC, Rome, Georgia, August 2007 – Present, <u>Consultant.</u> Teaches Yoga at Berry CDC, Mercy Senior Care, Yoga 4 Rome, Healing Arts Center of Rome and privately. Taught at Darlington Upper School, Berry Elementary, PALS, Saint Mary's School, Rome Health Spe. Rome Athletic Club, Vitality Center, SOW Homeless Shelter, or

School, Rome Health Spa, Rome Athletic Club, Vitality Center, SOW Homeless Shelter, and Atlanta Yoga. Conducted Brain Gym® seminars and individual consulting and handle all business aspects.

Adairsville Elementary School, Adairsville, Georgia, August 2003 – May 2007,

<u>Technology Teacher</u>, Instruct students in Kindergarten – 5th grades in the proper use of technology following National (NETS) and Local (Bartow County) Standards.

City Park Intermediate School, Dalton, Georgia, August 2002 - June 2003, <u>Fourth Grade Teacher</u>, Prepare and deliver lessons in Math, Language Arts/ Reading and Science. Responsibilities include 50-60 students in an average class size of 20.

Floyd County Schools, Rome, Georgia,, May 2002 Substitute Teacher

Academy District 20, Prairie Hills Elementary, Colorado Springs, Colorado, August 1998-May 1999, <u>Paraprofessional</u> for 3 fourth grade teachers,

Tots Learning Center, Colorado Springs, Colorado, August 1993 – June 1996, <u>Owner and Teacher</u>, Planned, and taught preschool lessons, handled business aspects of the school.

Gymboree Play Program, Colorado Springs, Colorado, January 1992 – February 1994, <u>Teacher</u>, Taught children's play program ages 3 months - 5 years, attended regional training, created nationally used equipment set ups.

The Baltimore Sun, Baltimore, Maryland, August 1982 – March 1986, <u>Programmer Analyst</u>, Designed, wrote, and maintained computer programs written in COBOL and RPG on IBM and HP mainframe computers; Attended training.

Baltimore Gas and Electric Company, Baltimore, Maryland, February 1980 – July 1982, <u>Programmer</u>, Wrote and maintained computer programs written in FORTRAN, and PL/1.

Past and Professional Association of Georgia Educators

Present International Society for Technology in Education Member (ISTE)

Honors and Kappa Delta Pi Education Honor Society

Activities: Omicron Delta Kappa Leadership Honor Society

Leadership Rome XXX Graduate 2012-2013

Chamber of Commerce active member

Georgia Educational Technology Consortium Member (GaETC)

GaETC Conference Presenter

George Washington University ETL Student Organization – Co President GWU ETL Student Organization – Past Facilitator of Educational Topics Who's Who Among Students at American Universities and Colleges 2002

Who's Who Among American Teachers 2004, 2005

Registered Yoga Teacher 200 & 500 levels – Yoga Alliance Member International Association of Yoga Therapists (IAYT)

Past Licensed Brain Gym® Instructor

Sound Healing Association Member

Berry Concert Choir and Berry Singers

Three Rivers Singers Board of Directors

Mainstreet Solutions Inc. Officer

St Peter's Episcopal Church Active Member

St Francis Chapter Daughters of the King – President - St Peter's Rome, GA

Adairsville Elementary Computer Club Faculty Sponsor – First Lego League

ADC Foundation Grant Recipient (\$15,000)

Bartow Education Foundation Grant Recipient (\$500)

Mary Sue Pollard Vanston Scholarship (Berry)

Nettie Glaze Music Scholarship (Berry)

Hope Promise Scholarship fully repaid through service

Girl Scouts Leader and Volunteer of the Year

Odyssey of the Mind Coach

Future Problem Solvers Coach